

# Imaging for Women News

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*At Imaging for Women  
-We'll take care of You!*

«AddressBlock»

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Imaging for Women News

Congratulations to the winner of the Imaging for Women Sweethearts  
AMC Movie Drawing—Shelby Turner with Primary Care North.

## WE OFFER:

**Mammography**  
2D/3D  
Digital w/ CAD

## All Types of Ultrasound

Abdomen  
Breast  
Carotid  
Gallbladder  
Kidney  
Lower Extremity  
Arterial  
Venous

## OB:

Complete  
Limited  
Biophysical  
Profile  
Pelvis  
Soft Tissue  
Sonohyster-  
ography  
Thyroid  
Venous  
Doppler

## Osteoporosis Detection & Consultation

## Lateral Spine Fracture Analysis

## Breast Biopsies

Ultrasound-  
guided  
Stereotactic  
Cyst Aspiration

## Body Composi- tion Analysis

We would love to schedule a time to meet with your physician team! We want to know how we can serve you better. What can we do to make your practice easier? Tell us!

Dr. Voeltz and Dr. Zupon would love to meet with our referring physicians. We know your daily schedule is always full, however, if we could bring lunch and have an informal meeting, we would love to do this. Please call Phyllis Fulk (our office administrator) on her direct line at 816/268-3309 to schedule a time for us to meet your team.

Please assist us in serving you better by answering the questions on the enclosed Physicians and Schedulers Questionnaire.

By completing this and faxing it back to 816/453-9943,

you will be entered in our

**Lucky Leprechaun gift card raffle!**



# Imaging for Women News

March 2017

*We'll take care of You!*

News you can use!

## TWO REASONS TO CHOOSE IFW

Getting a mammogram is an experience that some women don't look forward to every year. There are a variety of reasons why some women don't like coming in for a mammogram. Some women don't like having to wait for the results that come days to weeks after having the exam done. This is something we at Imaging For Women avoid by reading exams in real time and giving patients their results before they leave. Another complaint is that we hear is that the exam causes some discomfort. Until recently, the only way to help with this discomfort was to have a well-trained technologist who was attentive to the patient and tried to find the happy medium between applying enough compression to obtain an adequate exam while not over-compressing and causing discomfort to the patient. General Electric (GE) has now come up with a way to improve on this.

The next generation of mammogram units from GE will do something other machines have not done in the past: Allow women to set their own compression. That's right. Women will now be able to have some control over the amount of compression that is applied during their exam. There is a baseline amount of compression that is applied to all exams, and once this compression level has been reached, the patient will be allowed to apply further compression via a hand held controller. Patients are told that the more compression that is applied, the better the exam and there is a maximum amount of compression that can be applied.

When I first heard this, I wondered who would apply more compression and how many would actually max it out? As it turns out, a lot of women do. In fact, women on average will apply more compression when they are in control than when a technologist is applying the pressure. Giving patients an element of control and allowing them to add compression results in women allowing more compression and reporting less discomfort than on prior exams. And the real great news... Imaging For Women will be installing one of these units in the months to come! Stay tuned! ~Troy D. Voeltz, MD, DABR

Here is a short list of Dr. Malley's choices for food sources of calcium.

- ◆ Whole grain cereals
- ◆ Brown rice
- ◆ Instant oatmeal
- ◆ Pinto beans
- ◆ Soybeans
- ◆ Figs
- ◆ OJ fortified
- ◆ Kiwi
- ◆ Broccoli
- ◆ Spinach
- ◆ Arugula
- ◆ Almonds
- ◆ Sesame seeds
- ◆ Soymilk
- ◆ Plain yogurt
- ◆ Sardines
- ◆ Salmon (canned)



*May the road rise up to meet you. May the wind always be at your back.  
May the sun shine warm upon your face, and rains fall soft upon your fields.  
An until we meet again, May God hold you in the palm of His hand.*